

SHRADDHA CHAUBEY, M.S., RDN, CD
Founder and President – NutriPledge, LLC

Website: www.nutripledge.com

Mobile: 765-491-6700

EDUCATION:

R.D. 1999. Completed the **Coordinated Program in Dietetics**
University of Alabama, Tuscaloosa, USA

M.S. 1997. **Human Nutrition and Dietetics**
Oklahoma State University, Stillwater, USA

B.S. 1993. Biological Sciences. University of Allahabad, India

EXPERIENCE:

Founder and President August 2009 – Present
NutriPledge, LLC

- Established nutrition consulting company in 2009, NutriPledge, LLC (www.nutripledge.com) and managing various projects.
 - Menu planning/medical diets
 - Recipe development and modifications
 - Food service quality assurance and performance improvement (QAPI)
 - Nutrition education and food safety in-services
 - Medical Nutrition Therapy
 - Wellness workshop/webinar
- Contributed to a recipe book “Simply Divine” (Indian vegetarian recipe book for healthful living)
- Contributed to Indiana Diet Manual 2016

Renal Dietitian: March 2007 – June 2009
Liberty Dialysis, Lafayette, IN

- Provided nutritional intervention / counseling to renal pts (hemo, home hemo and peritoneal dialysis) as identified after completing their nutritional assessment.
- Taught CKD (pre dialysis) group and individual counseling as required.
- Reviewed monthly lab results with pt and provided monthly nutritional report with diet regime education as indicated.
- Participated in bone management and counseled pt for bone med changes under the direction of Nephrologists.
- Performed monthly electronic charting (MIQS) or as needed.
- Developed MIQS based flow sheet for monthly bone rounds.
- Actively participated in monthly QA meetings.

Clinical Dietitian: Nov.2004-Nov. 2006
Washington Regional Medical Center (WRMC), Fayetteville, AR.

- Worked at ICU (Intensive Care Unit) as one of the lead nutrition support dietitians.
- Performed nutrition screening/assessment within 24 hours of admit to all patients and made recommendations as appropriate.
- Worked very closely as a team that involved a Pulmologist, Pharmacist, Intensive care nurse, Respiratory therapist etc.
- Wrote verbal T.F., TPN/PPN orders per MD consult.
- Also worked at Cardiac, Peds and OBGYN floors. On these floors I provided Nutritional assessments and recommendations as appropriate within 72 hours of admit if patients were found at nutritional risk.
- Performed diet educations as appropriate that included cardiac, Diabetes, Renal, G I disorder etc. per MD/RN/Pt's referral.
- Performed calorie counts and education on food and drug interactions as needed.
- Was actively involved in formulary revisions, T.F. form modifications and approvals from different committees in the hospital.
- As a member of the QA/QI team, performed monthly kitchen/cafeteria inspections and prepared quarterly and annual reports to be compliance with JCAHO and the state standards.
- Was a proud member of the 'Communication club of Purple Passion' team. Purple Passion Team was lead by the hospital administration. Communication club was responsible to improve effective communication within all the departments to achieve ultimate goal of patients and employees satisfaction in the hospital.
- Consulted in one of the WRMC owned nursing homes (Fayetteville City Hospital). Performed nutritional assessments of all the new admits and annual assessments of existing patients and made nutritional recommendations as appropriate. I made weekly visits to follow up on patients who were found to be at Nutritional risk, such as, evaluating patients with significant weight gain, weight loss and skin breakdown, etc.
- Performed annual menu modifications/approval and did a test tray.

Clinical Dietitian: November 2001 – January 2003
The Healthsouth, Inc., Fayetteville, AR.

- Performed Medical Nutrition Therapy to nutritional risk patients with various health problems.
- Counseled patients according to their health problems and nutritional needs as needed, including diabetics, Obese, renal, heart and COPD patients.
- Made tube-feeding, TPN/PPN recommendations as needed.
- Performed calorie counts as needed.
- Performed food- drug interaction education as needed.
- Participated in professional committees/meetings.

Clinical Dietitian: July 2001– Nov. 2001

North West Medical Center (Morrison Management Specialist. Inc.), Fayetteville, AR.

- Was responsible for MICU, PCU, Cardiac, Pediatrics, Obstetrics and general medical floor. Was responsible for all the medical floors including SICU (One of the highest demanding floor for nutrition support) when on weekend call.
- Performed functions of clinical nutrition such as Medical Nutrition Therapy, nutrition counseling per RN/MD referral, diet modifications as needed and regular meal rounds.
- Worked with patients of different age, sex, diseases (including diabetes, renal, Cardiac, COPD, Obesity, Various GI problems, and wound care).
- Performed Medical Nutrition Therapy based on patients' health needs that included Enteral and parenteral nutrition (PPN/TPN).
- Demonstrated commitment to provide excellent services to the organization by actively participating in management group meetings.

**Clinical Dietitian: Jan. 2001 – June 2001
The Healthsouth, Inc., Fayetteville, AR.**

- Performed Medical Nutrition Therapy to high risk patients with various health problems.
- Counseled patients according to their health problems and nutritional needs as needed, including diabetics, obesity, heart and COPD patients.
- Performed tube-feeding, TPN/PPN calculations.
- Performed calorie counts as needed.
- Developed a screening form to standardize identification of patients at nutrition risk.

**Management Dietitian: Oct. 1999 – April 2000.
The Morrison Health Care Food Services, Tuscaloosa, Alabama.**

- Had extensive experience in Computrition and worked on several components, such as, Patman, Purguide, Traygen, Menman, Patmen, and nutrition analysis.
- Assisted in menu planning for different diets.
- Performed dietary inspections in several food service facilities contracted by Morisons in Tuscaloosa, Alabama region.

**Volunteer Dietitian: August 1999 – Oct. 1999.
Harper Center, VA Medical Center/Good Smariten Clinic, Tuscaloosa, AL.**

- Performed nutritional assessment and wrote SOAP notes.
- Counseled patients according to their health problems and nutritional needs.
- Participated actively in professional group meetings.

Dietetic Intern. May 1998-April 1999.

University of Alabama, Tuscaloosa, AL.

- The dietetic internship at the University of Alabama has provided me with valuable experiences and excellent training. Their Coordinated program allowed me to practice my skills in various areas of nutrition including clinical, food management and community nutrition. My evaluations proved that I consistently take initiative, set high standards, and exceed expectations.

Graduate Research Assistant: January 96-May 97.

Department of Nutritional Sciences, Oklahoma State University, Stillwater, OK.

- Worked with the data from U.S. Department of Agriculture to evaluate the effect of knowledge, attitude, beliefs, and demographic variables on calcium and iron intake in women in the United States.
- Analyzed data using various statistical methods and tools.
- Presented the results of the study in regional and national meetings.

Kitchen Manager: May 97 to August 97, Child Development Laboratory
Oklahoma State University, Stillwater OK.

- Was responsible to decide the food plan for various aged children and to prepare weekly purchase orders.
- Cooked and served meals to approximately 100 children daily.

HONORS/AWARD/AFFILIATIONS/MEMBERSHIPS:

- Member, Academy of Nutrition and Dietetics (AND)
- Member, Connecticut Academy of Nutrition and Dietetics
- Member, Dietitians in Business and Communication
- Member, Medical Nutrition Therapy Practice group
- Member, Food and Culinary Professionals
- Member, Diabetic Care and Education practice group
- Member, Indians in Nutrition and Dietetics (IND)
- Member, Eta Sigma Delta, Honor Society of Human Environmental Sciences
- Representative, Graduate Student Association. Oklahoma State University.
1996-1997.
- Vice-President, India Student Association. Oklahoma State University.
1996-1997.
- Secretary, Eta Sigma Delta, Honor Society of Human Environmental Sciences
1997-1998.
- Program Chairperson. GSHEs. Oklahoma State University. 1996-1997.